



# MENTAL HEALTH WORLD CONFERENCE

**21-23 AUGUST, 2026**

**DUBAI**

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**Theme:** *"Mental Health in  
a Changing World: Research,  
Response, and Resilience"*

# ABOUT THE EVENT

## Join Us for the Mental Health World Conference (MHWC 2026)

The Mental Health World Conference 2026 invites the global mental health community to gather in Dubai for a pivotal three-day event in 21-23 August, 2026, Dubai is focused on **innovation, collaboration, and impact**. This hybrid conference—both in-person and virtual—offers a unique opportunity to engage with mental health professionals, researchers, policymakers, educators, and advocates from around the world.

Mental health disorders are now recognized as one of the greatest health and social challenges of our era. Depression, anxiety, substance use, and related conditions affect millions, while stigma and limited access to care persist. MHWC 2026 addresses these urgent issues head-on, spotlighting global perspectives, cutting-edge research, and inclusive strategies to advance mental health care and awareness.

This year's conference theme, "**Mental Health in a Changing World: Research, Response, and Resilience**", reflects a commitment to moving beyond treatment **toward prevention, equity, and empowerment**. MHWC 2026 will feature:

- **Keynotes by world-renowned experts**
- **Interactive panels and community dialogues**
- **Hands-on workshops and skill-building sessions**
- **Scientific research and innovation showcase**
- **Policy roundtables and global case studies**

MHWC 2026 is more than a conference—it's a call to action. Whether you are working in psychiatry, psychology, public health, education, social services, or policy, your voice is essential in shaping the future of mental health.

Let's build a more resilient, inclusive, and compassionate world—together.





# CONFERENCE TOPICS

- Diagnosis and Treatment of Mood Disorders
- Schizophrenia and Psychotic Spectrum Disorders
- Anxiety, OCD, and Trauma-Related Disorders
- Substance Use Disorders and Dual Diagnosis
- Crisis Intervention and Suicide Prevention
- Neurodevelopmental Disorders: ADHD, Autism, and Learning Disabilities
- Geriatric Psychiatry and Cognitive Disorders
- Child and Adolescent Psychiatry: Emerging Trends
- AI and Machine Learning in Mental Health Prediction
- Change Mechanisms and Individualized Therapy
- Intersectionality and Mental Health: Race, Gender, Identity, and Class
- Mental Health in Special Populations
- Epigenetics and Mental Health: From Mechanism to Intervention
- Climate Change, Eco-Anxiety, and Psychological Resilience
- Mental Health Economics and Health Systems Integration
- Psychedelic-Assisted Therapies: Clinical Trials and Ethical Frontiers
- Grief, Bereavement, and Complicated Loss
- Mental Health and Nutrition
- Workplace Mental Health and Organizational Psychology
- Legal, Ethical, and Human Rights Issues in Mental Health
- Spirituality, Religion, and Mental Well-being
- Digital Addiction and Mental Health in the Tech Age



DAY

|             |                                   |
|-------------|-----------------------------------|
| 08:00-09:00 | Registration                      |
| 09:00-09:15 | Opening Ceremony and Introduction |
| 09:15-10:30 | Keynote Session                   |
| 10:30-10:50 | Refreshment Break                 |
| 10:50-12:30 | Break Out Session                 |
| 12:30-13:30 | Lunch                             |
| 13:30-15:00 | Break Out Session                 |
| 15:00-15:30 | Refreshment Break                 |
| 15:30-17:00 | Break Out Session                 |

DAY

|             |                   |
|-------------|-------------------|
| 09:00-10:30 | Keynote Session   |
| 10:30-10:50 | Refreshment Break |
| 10:50-12:30 | Break Out Session |
| 12:30-13:30 | Lunch             |
| 13:30-15:00 | Break Out Session |
| 15:00-15:30 | Refreshment Break |
| 15:30-17:00 | Break Out Session |
| 15:00-15:30 | Refreshment Break |
| 15:30-17:00 | Break Out Session |

# CONFERENCE SCHEDULE

DAY

|             |                   |
|-------------|-------------------|
| 09:00-10:30 | Keynote Session   |
| 10:30-10:50 | Refreshment Break |
| 10:50-12:30 | Break Out Session |
| 12:30-13:30 | Lunch             |
| 13:30-15:00 | Break Out Session |
| 15:00-15:30 | Refreshment Break |
| 15:30-17:00 | Break Out Session |
| 17:00-18:00 | Closing Ceremony  |
| 15:30-17:00 | Break Out Session |

# ABOUT THE ORGANIZER

**Precision Global Conferences** is a highly established scientific conference organizer. We take high integrity in conveying your achievements to the world. We emphasize your incredible work and contribution to science. Precision global conferences have come up with the progression, broadcast, persistence, research, and development activities in the field of cancer, neurology, nursing science, and catalysis.

We support the beacon of quality research work and efforts of the academicians, researchers, scientists, and doctors and all the future young to be experts to fearlessly confide in their eminent works. Our primary goal is to make health care accessible and understandable to people. We are ecstatic to pass on the ray of research and developments, and cutting-edge therapies throughout the world. Hence, we are here to organize and conduct highly esteemed conferences.

This conference will emphasize the distinguished works and their medicinal consequences through hybrid presentations. If you're in search of a perfect podium that can reflect your professional ethics and voice your work we are here with the best team, welcoming your honourable presence.

## **Why attend the Precision Global Conferences?**

1. You'll gain fresh viewpoints and insights while staying up to date with your respective field.
2. To network and get to know subject-matter specialists. The ability to interact with, get to know, learn from, and share ideas with the experts in your field opens the possibility of future partnerships and research sponsorships.
3. Sharing and presenting your work will effectively help to build your professional reputation.
4. You might meet people who are behind and ahead of you. Looking at their accomplishment you can take some inspiration home you polish your work to the next level.
5. You never know where a connection leads you. Hence offline/online connections are very important to grow.
6. Attending conferences can inspire your creativity, spark your exposure, enhance your mindset, and inspire you to pursue things in a novel way.
7. Leaders in the world are perpetual learners. Even taking a few notes during a conference can assist you in coming up with ten fresh approaches to a single issue.
8. Attending a conference helps in keeping your knowledge correct, insights sharp, and strategies fresh.

## IMPORTANT DATES

Conference Dates: **21-23 August 2026**

Abstract Submission Open: **1 August, 2025**

Registrations Open: **1 August, 2025**

### Abstract Submission:

We cordially invite you to submit the abstract through the following link:  
<https://www.mental-healthconferences.precisionglobalcon.com/abstract-submission.php>

Or else you can email us at: [mentalhealth@precisionglobalconferences.com](mailto:mentalhealth@precisionglobalconferences.com)

The abstracts will be examined by an internal panel of reviewers.  
If you still have concerns about submissions reach out at [info@precisionglobalconferences.com](mailto:info@precisionglobalconferences.com)

## CONFERENCE REGISTRATION

| Category                        | Price |
|---------------------------------|-------|
| Oral Presentation (In-person)   | \$699 |
| Oral Presentation (Virtual)     | \$399 |
| Poster Presentation (In-person) | \$599 |
| Poster Presentation (Virtual)   | \$399 |

| Category                       | Price  |
|--------------------------------|--------|
| Listener/Delegate (In-person)  | \$799  |
| Listener/Delegate (Virtual)    | \$499  |
| Exhibitor/ Sponsor (In-Person) | \$2999 |
| Exhibitor/ Sponsor (Virtual)   | \$1999 |

### How to Register:

To Register for the Mental Health World Conference (MHWC 2026), Please go through the link:  
<https://www.mental-healthconferences.precisionglobalcon.com/registration.php>



## REGISTRATION INCLUDES

The inaugural Mental Health World Conference (MHWC 2026) is committed to delivering a seamless experience for all attendees, whether you're participating in person or joining us virtually.

- Access to all sessions, including keynote addresses, scientific presentations, poster sessions, and exhibitions
- Conference materials such as the program brochure, abstract book, and identification badge (or digital equivalent)
- Official certificate of attendance or presentation (physical or digital)
- Visibility through the conference website and social media platforms
- Exclusive benefits for group registrations
- Participation is available both in-person and virtually for global accessibility

A wide-angle photograph of the Dubai skyline at sunset, featuring the Burj Khalifa and other skyscrapers. The image is overlaid with a semi-transparent purple gradient.

*Will meet you on 21-23 August, 2026 @ Dubai*

## PAST CONFERENCES GALLERY

